



BEGIN EACH DAY WITH A
PURPOSE
and a
PLAN

Jesus told us how we are to begin each day. Before we leave the house, we should make sure we begin our day with the right mind set, so He tells us:

"So, don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need."

(Matthew 6:31-33 NLT)

With all that is going on in the world around us Jesus tells us not to worry about our daily needs but to get our focus on Him.

That word **worry** in the Greek means to be "self-absorbed" when we allow the cares of this world to dominate our lives it causes us to worry. Jesus reminds us to let the thoughts of Him dominate our minds and He will take care of the rest. And that is what He tells us in these next verses:

"That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? Can all your worries add a single moment to your life? "And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, yet

Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?" (Matthew 6:25-30 NLT)

"So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today. (Matthew 6:34)

Sound advice from our Savior! We should prepare and do what we need to do to ensure we have enough of the basics to get through whatever lies ahead. But do not let the fear of not having enough dominate you. Jesus tells us that we will have what we need.

Paul wrote to the Philippians to encourage them:

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. (Philippians 4:6-7 NLT)

Replace worry with **prayer**, fear with **boldness**, and doubt with **confidence**. Not because we have this under control, but because through prayer we have given our worries, fear, and doubt to our Lord in exchange for His peace. So, each day before you leave the house, set your mind on the things above not what is going on in this world.

Seek Jesus and **“act justly, love mercy and walk humbly with your God.”** (Micah 6:8). Pray for what you need for the day and ask God to supply your daily “bread” (your needs) and leave it in His hands. And you will have peace knowing that God takes care of the details, because if God takes care of the birds, the lilies, and the wildflowers, he will certainly care for you!

Just have faith!

Pastor Alan