



The One Year Bible Challenge is a discipleship resource designed to take the fear out of one year Bible plans. The goal of the One Year Bible Challenge is to provide enough framework to daily Bible reading that personal reading becomes an enjoyable, manageable part of your day. To help you in making Bible reading part of your daily routine, we've provided the following resources:

### **READING PLAN**

The reading plan for the One Year Bible Challenge is designed by [The Bible Project](#) and is intended to reveal how each book of the Bible is contributing to the overall story of the Bible. By breaking up the Bible into 16 different chapters, it becomes easier to see how the book you're reading is pointing towards the Bible's main storyline of redemption.

### **DAILY PSALM**

Alongside reading through the Scriptures in a year, an additional component is to go through the Psalms about 2.5 times. The daily Psalm is meant to be read slowly, thought upon, and prayed through. By praying through the Psalms, the One Year Bible Challenge will be more about meeting God personally rather than only learning the facts of the Bible.

### **VIDEOS**

The Bible Project has created two sets of videos; one set is filled with videos that outline individual books of the Bible and the other set tracks major themes throughout the Bible. These videos have been strategically placed in the reading plan to help explain both the books being read and the themes being discussed.

### **DISCUSSION QUESTIONS**

One of the most important components of the One Year Bible Challenge is the discussion questions. The heart behind the One Year Bible Challenge is to have people digging into the Scriptures together and encouraging each other in the Word. Our hope is people won't simply go through this plan alone but go through it together for the sake of mutual growth.

### **DAILY COMMENTARY**

To help guide people into the word, the pastoral staff of Calvary Chapel Old Bridge will be writing short, daily commentaries designed to help prep people to read the word for themselves. These commentaries will provide a brief overview of the day's passage in order to increase comprehension.